



## Infant, Toddler, Preschool & School Age Programs



# April 2022 Newsletter

### **Pro Social Behavior Work Update:**

Dear Parents of Preschooler:

Following up from our January Zoom Meeting/Presentation on Pro-Social Behavior, our teach staff members have continued working on implementing activities and strategies to support positive behaviors in the classroom.

On the bulletin board in the foyer, we have Program Expectations describe: "We are Safe, kind Learners." In order to build on the positive behaviors observed during the day, as well as to link Program Expectations with Classroom Rules, we have made visuals for each learning center in the Preschool Classrooms. The teachers will use these when acknowledging pro-social behaviors observed to reinforce the positive.

Here are examples:





#### Art Center

Sit on a chair or keep feet still to be <u>safe</u>. Share materials to be <u>kind</u>. Quiet voices to <u>learn</u>.

## **Spring Parties:**



Spring Parties will be:

Thursday, April 14th

OR



Tuesday, April 19<sup>th</sup> Check with your Classroom Teachers for further information!

## **Family Projects:**

**Our February Family Heart Project** 

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was such a big success that our next project will be Spring Flowers!





## **Healthy Lunches:**

Packing a healthy lunch can really impact your child's day. Some "healthful" ideas for what is good to include are: Proteins such as hard-cooked eggs, chicken, beans and fish. Plenty of fruits and vegetables. Dairy items such as low-fat milk, cheese sticks or yogurt. Grains such as rice cakes, whole wheat breads and crackers.

Get your kids involved! Have your kids help you shop for groceries and choose foods to eat. They can also help fix meals and take some ownership in what they are eating.



